

AMERICAN HEALTH HOLDING, INC. 24-Hour Student Emergency Care Hotline

(American Health Holding, Inc. is not affiliated
with National Union Fire Insurance Company of Pittsburgh, Pa.)

**For confidential health care advice and information,
24 hours a day, 365 days a year,
call toll-free 866-315-8756.**

- Comprehensive Resources and Advice from Registered Nurses
 - Direct access to an extensive Health Information Library, covering issues ranging from women's health to pediatrics. Detailed directories with topic codes and instructions for access to health-related topics.
 - Choose to talk directly with a nurse. Discuss a current illness or health issue, or receive counseling on chronic conditions. Nurses can also educate callers about treatments, lifestyle choices and self-care strategies.
 - Integrated phone access to specially trained personnel, trained to provide referral services for a number of health related concerns including mental health and/or substance abuse.