

**AMERICAN HEALTH HOLDING, INC.**  
**24-HOUR STUDENT EMERGENCY CARE HOTLINE**

(American Health Holding, Inc. is not affiliated with  
National Union Fire Insurance Company of Pittsburgh, Pa.)

**For confidential health care advice and information,  
24 hours a day, 365 days a year,  
call toll-free 866-315-8756.**

- Comprehensive Resources and Advice from Registered Nurses
  - Direct access to an extensive Health Information Library, covering issues ranging from women's health to pediatrics. Detailed directories with topic codes and instructions for access to health-related topics.
  - Choose to talk directly with a nurse. Discuss a current illness or health issue, or receive counseling on chronic conditions. Nurses can also educate callers about treatments, lifestyle choices and self-care strategies.
  - Integrated phone access to specially trained personnel, trained to provide referral services for a number of health related concerns including mental health and/or substance concerns.